



Alabama 4-H Summer Camp

HEALTH & WELLNESS PROCEDURES

Your camper's health is our number one priority! Our goal for this summer is to provide a safe, fun, healthy, and quality camp experience. Our Health and Wellness Procedures reflects guidance provided by the CDC, American Camping Association (ACA), and guidelines by the state department. We will continue to monitor and update our plan as needed.

PRE-CAMP ARRIVAL

- All campers are required to submit a COVID Release Waiver (along with other required paperwork).
- Campers that arrive by **county bus** will have their temperature taken and complete a screening before heading to camp.
- Campers that arrive to camp by **parent drop off** will have their temperature taken while in the car and complete a screening at the gate before being dropped off.
- No one will be allowed on camp property before 10 a.m.

CAMP ARRIVAL

- Once campers, chaperones and Alabama Extension staff arrive, they will go to their housing assignment and stay in their room until it is time for lunch. Our goal is to limit any possible exposure to assigned group members.
- The county camp coordinator will check in with the camp director once all campers have arrived.
- **Parents will not be allowed to get out of their vehicle; it will be drop off only for the protection of all campers.** Campers should carry everything they bring to their lodging room.

HOUSING

- Overnight bunks are spaced 6 feet apart. Campers will sleep head to foot.
- Campers will be encouraged to not leave any toiletries in the bathroom.
- Campers are encouraged to stay in their own room during dorm time and at night. If they are hanging out in the lobby, everyone must have a mask on.
- If campers leave their room, they will need to wear their masks.
- Lodging and daytime activities will take place with the same groups throughout the camp experience.

MEALS

- Campers, chaperones, and staff will wash their hands and properly wear their masks, covering their mouth and nose before entering the dining hall. They will keep their mask on unless seated at their table to eat.
- There will be two mealtimes to break up the number of campers in the dining room at the same time.
- Campers will sit with their assigned group and tables will be spaced 6 feet apart when eating. Tables and chairs will be sanitized between groups.
- Campers will need to wear a mask while they receive their food and when walking around the dining hall.
- There will be hand sanitizing stations at the front of the food line.

ACTIVITIES

- Campers will be required to wear masks when indoors (unless eating and sleeping) as well as outside (unless swimming).
- Campers will either wash hands or sanitize between each activity.
- Most activities will be outside. The Back to Natives program will be inside, but all campers will be social distanced.
- During inclement weather, activities will be held in covered areas or in a large space where all the campers can be social distanced.
- During sports night, campers will be encouraged to stay with their color group/housing mates. All campers must wear masks unless swimming.

CLEANING/DISINFECTING

- Activity equipment and supplies that are used by all groups will be cleaned and/or disinfected between group use and at the end of each day.
- Staff will wear disposable gloves when cleaning and/or disinfecting and change them between cleaning rooms/activities to prevent cross contamination.
- Frequently touched services such as doorknobs, sink faucets/handles, water refill stations, toilet seats, light switches, and counter tops will be disinfected throughout the day.
- Handwashing and/or hand sanitizing will be done throughout the day. We also have handwashing stations and/or hand sanitizing stations outdoors in areas of activities.



The Alabama 4-H Center is committed to ensuring the health and safety of all campers, staff members, and employees. We will continue to strive to ensure that all campers have a fun, enjoyable camp experience all while staying healthy. Remember these procedures may change over the next few months. We will continue to contact all REAs and FREAs with any updates and they will pass along all updated information to the camper's family. Feel free to reach out if you have any questions or concerns. We are looking forward to a successful 2021 Summer Camp!

